

OPENING HOURS

DEANSGRANGE

Monday – Friday: 4-10pm
Saturday – Sunday: 2-10pm

RATHMINES

Monday – Thursday: 4-10pm
Friday: 4-10.30pm
Saturday: 2-10.30pm
Sunday: 2-10pm

WINDY ARBOUR

Monday – Thursday: 4-10pm
Friday: 4-10.30pm
Saturday: 2-10.30pm
Sunday: 2-10pm

DELIVERY ORDER:

Minimum €12 / Charge €3

DIETARY GUIDE

- V** VEGETARIAN
- GF** GLUTEN FREE
- PF** PALEO FRIENDLY

All our dishes are dairy free, except our desserts.
All our Beef is Irish Hereford.

All our *gluten* is derived from wheat.

ALLERGEN LIST

1. Gluten, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soya, 7. Milk, 8. Tree Nuts, 9. Celery, 10. Mustard, 11. Sesame, 12. Sulphites, 13. Lupin, 14. Molluscs. *Please advise us of any allergies.*
* May contain

We use peanuts in a number of our dishes, as with any kitchen, there is a chance of cross-contamination. If you have an allergy to peanuts or one of the other allergens we would ask that you contact the relevant store directly & speak to the manager on duty. All our food is made fresh to order so if you have any particular requirements, don't hesitate to ask and we will try our best to help.

SPICE GUIDE

- 1** MILD
- 2** MEDIUM
- 3** SPICY
- 4** VERY SPICY
- 5** VERY, VERY SPICY

All Saba's dishes are freshly prepared. Levels of spiciness are graded 1 to 5, so let us know how hot you would like it.

SABATISERS

1	PRAWN CRACKERS (1*,2,5*,7*) Served with a sweet chilli sauce	€2.50
2	HOISIN DUCK ROLLS (1,6,7*,9*,10*,11,14) Aromatic duck wrapped in pancakes with julienne of leek, cucumber & hoisin sauce	€6.95
3	POR PIA THOD (1,6) V Crispy vegetable spring rolls with wood ear mushrooms & a plum sauce	€5.95
4	VEGETABLE PARCELS (1) V Served with a sweet chilli sauce	€5.95
5	SABA CHICKEN WINGS (1,6,11,14) In a soy, honey & sesame glaze with tamarind dip	€7.25
6	SATAY GAI (1*,2,4,5,6*,7*,8*,10,11*) GF Grilled chicken skewers with peanut sauce	€6.95
7	BLACK PEPPER SQUID (1,6,9,14) Served with a ginger pepper sauce	€7.95
8	ROASTED SWEET & SOUR PORK RIBS (1,2,5,6,11,14) 1 Marinated in honey, soy sauce, oyster sauce, coriander & black peppercorn with spring onions, chilli & crushed peanuts	€6.95
9	BUTTERFLY TIGER PRAWNS (1,2) PF Crispy tiger prawns in coconut flakes with chilli dip & a wedge of lime	€8.50
10	SABA PINTO BOX (1,2,4,5,6,9,10,11,14) 2 por pia thod, 2 vegetable parcels, 4 chicken wings, 2 satay skewers & served with a sweet chilli & plum sauce	€12.50
11	SABA SPICE BOX (1,3,6) Potato fries with fresh peppers, onions, spring onions, coriander, chicken & Saba's secret spice blend	€8.95

SUPER SALADS

24	SPICY BEEF SALAD (4,5) GF With lemongrass, peanuts, tomatoes, shallots & cucumber	€10.50
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STEAMY SUPER SOUPS

65	TOM YAAM GOONG (2,4) 3 PF Traditional Thai spicy soup with tiger prawns, oyster mushrooms, galangal, kaffir lime leaves, lemongrass, chillies and coriander	Medium €7.50
66	PHO BO - BEEF NOODLE SOUP (1,6) Flat rice noodles, beef fillet, bean sprouts, spring onions, in a delicious Vietnamese broth with crispy garlic and fresh coriander	Large €11.25

RICE DISHES

Choose from the following: Chicken / Beef / Prawn / Duck / Vegetables & Tofu

75	HO CHI MHIN (1,3,5,6,14) 1 Wok fried rice with yellow curry paste, chilli, onions, spring onion, carrot, egg, Thai basil & Asian greens	€11.95
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NOODLES

Can be modified for coeliacs and vegetarians

50	PHAD THAI (3,5) 1 GF Flat rice noodles with peanuts, egg, bean sprouts & lime. Choose from the following: Tiger Prawns & Chicken Tiger Prawns Chicken	€12.95 €12.95 €12.95
51	PHAD THAI JAY (3,5) 1 V GF Flat rice noodles with tofu, vegetables, peanuts, egg, bean sprouts & lime	€12.95
52	BANGKOK (1,6,14) 3 Flat rice noodles with beef, onions, peppers, chillies, spring onions & sweet basil	€12.95
53	SAIGON (1,2,3,4,5,6,14) 1 Vermicelli noodles with tiger prawns, pork, sliced carrots, bean sprouts & spring onions & egg Vietnamese style	€12.95
54	PATTAYA (1,3,6,14) 2 Egg noodles with roasted duck, chillies, egg, pak choy, Chinese leaves & mushrooms	€12.95
55	CHIANG RAI (1,6,14) 3 Spicy egg noodles with chicken, peppers, onions, chilli and sweet basil	€12.95
56	FAN FO (1,2,3,4,6,14) 3 Egg noodles with crispy chicken, chilli paste, broccoli, carrot, spring onions, peppers and pak choy	€12.95

CURRY

All curry dishes are served with steamed rice
Choose from the following:

Medium: Chicken / Vegetables & Tofu: €12.95
Beef / Duck / Prawn: €13.50

70	MASSAMAN (2,4,5) 1 GF With potatoes, onions, peanuts & crispy shallots	
71	GAENG PET (2,4) 3 GF Red curry with string beans, bamboo shoots, peppers, chilli, aubergines & sweet basil	
72	GREEN (2,4) 3 GF With string beans, bamboo shoots, peppers, chilli, aubergines & sweet basil	
73	YELLOW 1 GF With onions, potatoes & crispy shallots	
74	GAENG KAREE FUKTONG 1 V GF Aromatic yellow butternut squash curry with sweet potato, onions & potatoes	

PALEO

Dairy, wheat, soya and legume free, just how the cavemen liked it. (Rice not included).
Chicken / Vegetable €12.50 | Beef / Prawn €12.95

77	PRIMAL GREEN (1,2,4,6) 3 PF Green curry paste, coconut milk, string beans, bamboo shoots, aubergine, peppers, kaffir lime, sweet basil, butternut squash & broccoli	
78	GREEN MACHINE (8) 2 GF PF Wok fried broccoli, kale, Chinese leaves, Thai basil, sugar snap peas, ginger, bok choy, cashew nuts, carrots, lime & chilli in a Saba paleo sauce	
79	CAVEMAN (2,4) 2 GF PF Butternut squash, sweet potato, bok choy, carrots, broccoli, peppers, Chinese leaves, mushrooms & lime in a red curry sauce	

WOK

All wok dishes are served with steamed rice (not included in calorie count). Choose from the following:
Chicken / Vegetables & Tofu / Beef / Duck / Prawn €12.95

80	XAO HAO LO (SAO-HUA-LER) (1,6,8,14) Oyster mushrooms, babycorn, snow peas & cashew nuts	
81	PHAD KHING (1,6,14) 1 With ginger, shitake mushrooms, spring onions, babycorn & peppers	
82	PHAD NAM PRIK PAO (1,4, 6,14) 2 With chilli paste, babycorn, onions, wood ear mushrooms, pepper & chillies	
83	PHAD PRIK SOD (1,6,14) 3 With chillies, onions, peppers, mushrooms & sweet basil	
84	PHAD KRAPROW (1,6,14) 4 With bird's eye chillies, garlic, string beans, peppers, babycorn, tomatoes & holy basil	

85	CRISPY CHILLI CHICKEN (1,3,6,8,14) 3 With cashew nuts, sugar snap peas, spring onions & carrots	
86	SWEET & SOUR (1,3,6) With onions, pineapple, spring onions, tomatoes, mixed peppers	
87	BARBARIAN PROTEIN BOX (2,4,5,8) GF Protein packed box with broccoli, babycorn, kale, cashew nuts, edamame beans, mushrooms, holy basil, sweet potato & a light peanut curry sauce	

KIDS

Children's meals are only available when ordering a main course

131	LITTLE STIR FRY (1,6,14) Chicken & vegetables fried in our wok sauce, served with steamed rice	€6.95
132	CHICKEN NOODLE BOX (1,6,14) Egg noodles wok fried with vegetables & chicken	€6.95
130	LITTLE SWEET & SOUR (1,3,6) Crispy chicken with a sweet & sour sauce, served with steamed rice	€6.95

SIDES

90	DAO HUP (1,2,6) V Stir-fried vegetables in a garlic & mushroom sauce	€5.25
91	PHAD FUKTONG (1,3,6,8,14) €5.25 Stir-fried butternut squash, cashew nuts, spring onions & egg	
92	STEAMED JASMINE RICE	€2.00
93	SABA BROWN & RED RICE	€2.75
94	EGG FRIED RICE (3)	€2.95
95	FRIED EGG NOODLES (1,6,14)	€4.50
96	EXTRA DIPS Satay/sweet chilli/plum/soy/hoisin	€1.50
97	ADD EXTRA INGREDIENTS TO YOUR MAIN COURSE Chicken, Beef, Tiger Prawns, Duck, Vegetable & Tofu	€2.95
98	EDAMAME BEANS (1,6) Steamed soya beans tossed in sea salt	€5.00
99	THAI STYLE ROASTED CASHEW NUTS – SALTY, SWEET & SPICY (8)	€4.25

HOME MADE DESSERTS

BANOFFI PIE (1,3,7)	€3.95
CHILLI CHOCOLATE MOUSSE (7) GF	€3.95
CHOCOLATE BROWNIE WITH CHOCOLATE SAUCE (3,7,8) GF	€3.95
NOBO DAIRY FREE ICE CREAM GF Vanilla & Coconut / Chocolate & Toasted Almond (8)	100ml €3.50 500ml €8.25

MORELLI ICE CREAM (7) **GF**
Cookies & Cream (1,6,7) / Honeycomb / Chocolate / Double Vanilla / Salted Caramel

Honeycomb / Double Vanilla / Salted Caramel
950ml €7.50

VEGAN

100	VEGETABLE PARCELS (1) Served with a sweet chilli sauce	€5.95
102	VEGAN PHAD THAI JAY (5) Flat rice noodles with peanuts, bean sprouts, babycorn, carrot, broccoli, bok choy, Chinese leaf & lime	€12.95
103	VEGAN BANGKOK (1,6) Flat rice noodles with babycorn, carrot, broccoli, bok choy, Chinese leaf, onions, peppers, chillies, spring onions & sweet basil	€12.95
104	VEGAN DANANG (1,6) Vermicelli noodles with babycorn, carrot, broccoli, Chinese leaf, bok choy, sugar snap peas, string beans, bird's eye chillies, snow peas & holy basil	€12.95
105	VEGAN GREEN MACHINE (8) Wok fried broccoli, babycorn kale, Chinese leaves, Thai basil, sugar snap peas, ginger, bok choy, cashew nuts, carrots, lime & chilli in a Saba paleo sauce	€12.95
106	VEGAN VEGETABLE YELLOW CURRY GF With onions, potatoes, mixed vegetables and crispy shallots, with babycorn, carrot, broccoli, bok choy, chinese leaf, sweet potato, onions and potatoes.	€12.95
107	VEGAN GAENG KAREE FUKTONG GF Aromatic yellow butternut squash curry with babycorn, carrot, broccoli, bok choy, Chinese leaf, sweet potato, onions & potatoes	€12.95
108	VEGAN XAO HAO LO (1,6,8) Oyster mushrooms, babycorn, carrot, broccoli, bok choy, Chinese leaf, snow peas & cashew nuts	€12.95
109	VEGAN PHAD KHING (1,6) With ginger, carrot, broccoli, bok choy, Chinese leaf, shitake mushrooms, spring onion, babycorn & peppers	€12.95
110	VEGAN PHAD PRIK SOD (1,6) With babycorn, carrot, broccoli, bok choy, Chinese leaf, chillies, onions, peppers, mushrooms & sweet basil	€12.95
111	EDAMAME BEANS (1,6) Steamed soya beans tossed in sea salt	€5.00

