

DIETARY GUIDE

- V **VEGETARIAN**
- GF **GLUTEN FREE**
- PF **PALEO FRIENDLY**
- SS **SABA SLIM** (under 350 calories)
- SL **SABA LIGHT** (under 550 calories)

All our dishes are dairy free, except our desserts. All our Beef is Irish Hereford.

ALLERGEN LIST

1. Gluten, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soya, 7. Milk, 8. Tree Nuts, 9. Celery, 10. Mustard, 11. Sesame, 12. Sulphites, 13. Lupin, 14. Molluscs. Please advise us of any allergies. * May contain

We use peanuts in a number of our dishes, as with any kitchen, there is a chance of cross-contamination. If you have an allergy to peanuts or one of the other allergens we would ask that you contact the relevant store directly & speak to the manager on duty. All our food is made fresh to order so if you have any particular requirements, don't hesitate to ask and we will try our best to help.

SPICE GUIDE

- / **MILD**
- // **MEDIUM**
- /// **SPICY**
- //// **VERY SPICY**
- ///// **VERY, VERY SPICY**

All Saba's dishes are freshly prepared. Levels of spiciness are graded 1 to 5, so let us know how hot you would like it.

SABATISERS

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|---|--|-------|
| 1 | PRAWN CRACKERS (1*, 2, 5*, 7*)
Served with a sweet chilli sauce | €2.50 |
| 2 | HOISIN DUCK ROLLS (1,6,7*,9*,10*,11,14) SL
Aromatic duck wrapped in pancakes with julienne of leek, cucumber & hoisin sauce | €6.95 |
| 3 | POR PIA THOD (1, 6) V
Crispy vegetable spring rolls with wood ear mushrooms & a plum sauce | €5.95 |

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| 4 | VEGETABLE PARCELS (1) V SL
Served with a sweet chilli sauce | €5.95 |
| 5 | SABA CHICKEN WINGS (1, 6, 11, 14) SL
In a soy, honey & sesame glaze with tamarind dip. | €7.25 |
| 6 | SATAY GAI (1*,2,4,5,6*,7*,8*,10,11*) GF SS
Grilled chicken skewers with peanut sauce | €7.25 |
| 7 | BLACK PEPPER SQUID (1,6,9,14) SL
Served with a ginger pepper sauce | €7.95 |
| 8 | ROASTED SWEET & SOUR PORK RIBS
(1,2,5,6,11,14) / Marinated in honey, soy sauce, oyster sauce, coriander & black peppercorn with spring onions, chilli & crushed peanuts | €7.25 |
| 9 | SABA PINTO BOX (1,2,4,5,6,9,10,11,14)
2 por pia thod, 2 vegetable parcels, 4 chicken wings, 2 satay skewers & served with a sweet chilli & plum sauce | €12.95 |
| 10 | SABA SPICE BOX (1,3,6)
Potato fries with fresh peppers, onions, spring onions, coriander, chicken & Saba's secret spice blend | €8.95 |

SUPER SALADS

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|----|--|--------|
| 24 | SPICY BEEF SALAD (4,5) GF SS
With lemongrass, peanuts, tomatoes, shallots & cucumber | €10.50 |
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STEAMY SUPER SOUPS

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| 65 | TOM YAAM GOONG (2,4) /// PF SS Medium
Traditional Thai spicy soup with tiger prawns, oyster mushrooms, galangal, kaffir lime leaves, lemongrass, chillies and coriander | €7.50 |
| 66 | PHO BO - BEEF NOODLE SOUP (1,6) SL Large
Flat rice noodles, beef fillet, bean sprouts, spring onions, in a delicious Vietnamese broth with crispy garlic and fresh coriander | €11.25 |

NOODLES

Can be modified for coeliacs and vegetarians

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| 50 | PHAD THAI (3,5) / GF SL
Flat rice noodles with peanuts, egg, bean sprouts & lime. Choose from the following:
Tiger Prawns & Chicken €13.50
Tiger Prawns €13.50
Chicken €13.50 | |
| 51 | PHAD THAI JAY (3,5) / V GF SL
Flat rice noodles with tofu, vegetables, peanuts, egg, bean sprouts & lime | €13.50 |
| 52 | BANGKOK (1,6,14) /// SL
Flat rice noodles with beef, onions, peppers, chillies, spring onions & sweet basil | €13.50 |
| 53 | SAIGON (1,2,3,4,5,6,14) /
Vermicelli noodles with tiger prawns, pork, sliced carrots, bean sprouts & spring onions & egg Vietnamese style | €13.50 |
| 54 | PATTAYA (1,3,6,14) //
Egg noodles with roasted duck, chillies, egg, pak choi, Chinese leaves & mushrooms | €13.50 |
| 55 | CHIANG RAI (1,6,14) ///
Spicy egg noodles with chicken, peppers, onions, chilli and sweet basil | €13.50 |
| 56 | FAN FO (1,2,3,4,6,14) /// SL
Egg noodles with crispy chicken, chilli paste, broccoli, carrot, spring onions, peppers and pak choi | €13.50 |

CURRY

All curry dishes are served with steamed rice
Choose from the following:

Medium: Chicken / Vegetables & Tofu: €13.50
Beef / Duck / Prawn: €14.50

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| 70 | MASSAMAN (2,4,5) / GF
With potatoes, onions, peanuts & crispy shallots | |
| 71 | GAENG PET (2,4) /// GF
Red curry with string beans, bamboo shoots, peppers, chilli, aubergines & sweet basil | |
| 72 | GREEN (2,4) /// GF
With string beans, bamboo shoots, peppers, chilli, aubergines & sweet basil | |

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| 73 | YELLOW / GF
With onions, potatoes & crispy shallots | |
| 74 | GAENG KAREE FUKTONG / V GF SS
Aromatic yellow butternut squash curry with sweet potato, onions & potatoes | |

RICE DISHES

Choose from the following: Chicken / Beef / Prawn / Duck / Vegetables & Tofu

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| 75 | HO CHI MINH (1,3,5,6,14) /
Wok fried rice with yellow curry paste, chilli, onions, spring onion, carrot, egg, Thai basil & Asian greens | €11.95 |
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WOK

All wok dishes are served with steamed rice.
Choose from the following:

Chicken / Vegetable €13.50 | Beef / Prawn €14.50

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| 80 | XAO HAO LO (SAO-HUA-LER) (1,6,8,14)
Oyster mushrooms, babycorn, snow peas & cashew nuts | |
| 81 | PHAD KHING (1,6,14) / SL
With ginger, shitake mushrooms, spring onions, babycorn & peppers | |
| 82 | PHAD NAM PRIK PAO (1,4, 6,14) // SL
With chilli paste, babycorn, onions, wood ear mushrooms, pepper & chillies | |
| 83 | PHAD PRIK SOD (1,6,14) /// SL
With chillies, onions, peppers, mushrooms & sweet basil | |
| 84 | PHAD KRAPROW (1,6,14) //// SS
With bird's eye chillies, garlic, onions, string beans, peppers, babycorn, tomatoes & holy basil | |
| 85 | CRISPY CHILLI CHICKEN (1,3,6,8,14) ///
With cashew nuts, sugar snap peas, spring onions & carrots | |
| 86 | SWEET & SOUR (1,3,6) SL
With onions, pineapple, spring onions, tomatoes, mixed peppers | |

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| 87 | BARBARIAN PROTEIN BOX (2,4,5,8) GF SL
Protein packed box with broccoli, babycorn, kale, cashew nuts, edamame beans, mushrooms, holy basil, sweet potato & a light peanut curry sauce | |
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PALEO

Dairy, wheat, soya and legume free, just how the cavemen liked it. (Rice not included).
Chicken / Vegetable €12.50 | Beef / Prawn €12.95

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| 77 | PRIMAL GREEN (1,2,4,6) /// PF SS
Green curry paste, coconut milk, string beans, bamboo shoots, aubergine, peppers, Kaffir lime, sweet basil, butternut squash & broccoli | |
| 78 | GREEN MACHINE (8) // GF PF SS
Wok fried broccoli, kale, Chinese leaves, Thai basil, sugar snap peas, ginger, bok choy, cashew nuts, carrots, lime & chilli in a Saba paleo sauce | |
| 79 | CAVEMAN (2,4) // GF PF SL
Butternut squash, sweet potato, bok choy, carrots, broccoli, peppers, Chinese leaves, mushrooms & lime in a red curry sauce | |

VEGAN

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| 100 | VEGETABLE PARCELS (1) SL
Served with a sweet chilli sauce | €5.95 |
| 102 | VEGAN PHAD THAI JAY (5) SL
Flat rice noodles with peanuts, bean sprouts, babycorn, carrot, broccoli, bok choy, Chinese leaf & lime | €13.35 |
| 103 | VEGAN BANGKOK (1,6) SS
Flat rice noodles with babycorn, carrot, broccoli, bok choy, Chinese leaf, onions, peppers, chillies, spring onions & sweet basil | €13.35 |
| 104 | VEGAN DANANG (1,6)
Vermicelli noodles with babycorn, carrot, broccoli, Chinese leaf, bok choy, sugar snap peas, string beans, bird's eye chillies, snow peas & holy basil | €13.35 |

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| 105 | VEGAN GREEN MACHINE (8) SS
Wok fried broccoli, babycorn kale, Chinese leaves, Thai basil, sugar snap peas, ginger, bok choy, cashew nuts, carrots, lime & chilli in a Saba paleo sauce | €13.35 |
| 106 | VEGAN VEGETABLE YELLOW CURRY GF SL
With onions, potatoes, mixed vegetables and crispy shallots, with babycorn, carrot, broccoli, bok choy, chinese leaf, sweet potato, onions and potatoes. | €13.35 |
| 107 | VEGAN GAENG KAREE FUKTONG GF SL
Aromatic yellow butternut squash curry with babycorn, carrot, broccoli, bok choy, Chinese leaf, sweet potato, onions & potatoes | €13.35 |
| 108 | VEGAN XAO HAO LO (1,6,8) SS
Oyster mushrooms, babycorn, carrot, broccoli, bok choy, Chinese leaf, snow peas & cashew nuts | €13.35 |
| 109 | VEGAN PHAD KHING (1,6) SS
With ginger, carrot, broccoli, bok choy, Chinese leaf, shitake mushrooms, spring onion, babycorn & peppers | €13.35 |
| 110 | VEGAN PHAD PRIK SOD (1,6) SS
With babycorn, carrot, broccoli, bok choy, Chinese leaf, chillies, onions, peppers, mushrooms & sweet basil | €13.35 |
| 111 | EDAMAME BEANS (1,6) | €5.00 |

KIDS

Children's meals are only available when ordering a main course

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| 130 | LITTLE SWEET & SOUR (1,3,6) SS
Crispy chicken with a sweet & sour sauce, served with steamed rice | €6.95 |
| 131 | LITTLE STIR FRY (1,6,14) SS
Chicken & vegetables fried in our wok sauce, served with steamed rice | €6.95 |
| 132 | CHICKEN NOODLE BOX (1,6,14) SS
Egg noodles wok fried with vegetables & chicken | €6.95 |



DEANSGRANGE RATHMINES WINDY ARBOUR
T 01 44 08 400 T 01 40 60 200 T 01 44 08 600

AWARD-WINNING THAI & VIETNAMESE TAKEAWAY & DELIVERY



SABA TO GO

Love Saba To Go? Then try our eateries serving great food & cocktails. www.sabadublin.com

Saba Kidare Village T 045 574 445, eat@sabakidarevillage.com
Saba Sth William Street T 01 679 2000, 7 Sth William St, D2, eat@sabadublin.com
Saba Baggot Street 22 Upper Baggot St, D4, T 01 563 1999, eat@sababaggot.com

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DELIVERY TIME
We promise to deliver our delicious food to you as fast as possible. All our food is cooked to order by our Thai chefs, so please allow a delivery time of 45 minutes or less. At peak times this may be longer, but we will let you know.

MINIMUM DELIVERY ORDER
Our minimum delivery order is €12 and our delivery charge starts from €3. If we don't cover your area, don't worry! You can collect from any Saba to Go or one of our restaurants.

DEANSGRANGE	1 Laurkur House, Deansgrange 13 Rathgar Road, Rathmines, Dublin 6 T 01 44 08 400
RATHMINES	Opening Hours Monday - Thursday: 4-10pm Friday: 4-10:30pm Saturday: 2-10:30pm Sunday: 2-10pm
WINDY ARBOUR	6 Arbourfield Terrace, Windy Arbour, Dublin 14 Opening Hours Monday - Thursday: 4-10pm Friday: 4-10:30pm Saturday: 2-10:30pm Sunday: 2-10pm

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LOVE HEALTHY FOOD? LOVE SABA TO GO!

AT SABA TO GO, WE WANT YOU TO FEEL GOOD, THAT'S WHY WE TEAMED UP WITH LEADING NUTRITIONIST OLA WALSH TO CREATE THIS MENU, IT GIVES YOU LOTS OF FRESH OPTIONS AND ALL THE NUTRITIONAL INFORMATION YOU NEED TO MAKE HEALTHY CHOICES.

Choose from Saba Slim (under 550 calories) and Saba Light (under 550 calories) options. Choose the very freshest, nutrient-rich ingredients in authentic, naturally dairy and gluten-free dishes. Choose all the convenience and taste of a takeaway, only now, choose to eat healthily, live well and feel amazing, too.

Saba To Go - the guilt-free takeaway.

Visit sabatogo.com for our full wine list.

WHITE WINE BEST SELLERS	€1.95
MINERALS	
CANS	
PHAD FUKTONG (1,3,6,8,14) & mushroom sauce	€5.25
Stir-fried butternut squash, cashew nuts, spring onions & egg	
STEAMED JASMINE RICE SS	€2.00
SABA BROWN & RED RICE SS	€2.75
THE LITTLE GRAZER SAUVIGNON BLANC	€13.99
"SALTARIO" ALBARINO Spain	€12.99
VILLA BELVEDERE PINOT GRIGIO Italy	€12.99
HAVALOS MALBEC Argentina	€13.99
SOLIGO, MERLOT Italy	€12.99
RIPANI ROSSO PIGNO, Cantine Colla, Montepulciano Italy	€13.99
MALAGA, RIOJA, TEMPANILLO Spain	€14.99
DE MARTINO DE ESTATE, Cabineby, Corneiscourt, Dalkey, Dun Laoghaire, Foxrock, Glasnaue, Killiney, Monkstown, Sallynoggin.	€14.99
CABERNET SAUVIGNON Chile	€14.99
DOMAINE DE BACHELLE, PINOT NOIR France	€16.99
EXTRA DIPS	€1.50
Satay/ sweet chilli/ plum/soy/hoisin	
ADD EXTRA INGREDIENTS	€2.95
Chicken, Beef, Tiger Prawns, Duck, Vegetable & Tofu	
TO YOUR MAIN COURSE	
EODAMAME BEANS (1,6)	€5.00
Steamed soya beans tossed in sea salt	
THAI STYLE ROASTED CASHEW NUTS	€9.95
- SALT, SWEET & SPICY (8)	€4.25
HOME MADE DESSERTS	
BANOFFI PIE (1,3,7)	€3.95
CHILLI CHOCOLATE MOUSSE (7) GF	€3.95
CHOCOLATE BROWNIE WITH CHOCOLATE SAUCE (3,7,8) GF	€3.95
NOBO DAIRY FREE ICE CREAM GF	100ml €3.50
NOBO DAIRY FREE ICE CREAM & Vanilla & Coconut / Chocolate & Toasted Almond (8)	
MORELLI ICE CREAM (7) GF	€3.00
Cookies & Cream (1,6,7) / Honeycomb / Chocolate / Double Vanilla / Salted Caramel	
Honeycomb / Double Vanilla /	950ml €7.50
Salted Caramel	
Check our website for a full nutritional breakdown of all our dishes and for Saba Slim and Light dishes.	



SPICE BOX SIZZLER

ONLY €11.95*

SABA SPICE BOX
+
YELLOW CURRY SAUCE
+
330ML SOFT DRINK

Available 7 days a week (does not include San Pellegrino)

THE BEAUTIFUL ONE

ONLY €15.25*

ANY MAIN MEAL
+
POR PIA THOD (2pcs) OR VEGETABLE PARCELS (3pcs)
+
A 330ML SOFT DRINK

Available Monday - Thursday

WOKIN WILD

ONLY €25.95*

2 X WOK OR NOODLE DISHES
+
2 X 330ML SOFT DRINKS

Available Monday - Thursday (does not include curries)

TWO'S COMPANY

ONLY €24.95*

PRAWN CRACKERS
+
2 X MAIN MEALS

Available Monday - Thursday (does not include large curries)

SABA FREEZER FILLERS

ONLY €8.95

ACCESS TO AWARD-WINNING CURRIES WHENEVER YOU NEED THEM!

Why not add your favourite to your next order!

CHOOSE FROM THESE FOUR FROZEN FAVOURITES:

- Green Chicken Curry
- Yellow Vegetable Curry
- Red Chicken Curry
- Massaman Curry (ALL 490G)

THE VEGANIZER

ONLY €27.95*

EDAMAME BEANS OR POR PIA THOD
+
2 X VEGAN MAIN MEALS

Available Monday - Thursday

DATE NIGHT DEAL

ONLY €39.95

POR PIA THOD
+
2 X MAIN MEALS
+
1 X BOTTLE OF HOUSE RED OR WHITE WINE

Available 7 days a week (does not include large curries)

FAMILY FEAST DEAL

ONLY €39.95*

CHOOSE POR PIA THOD OR CHICKEN WINGS
+
2 X MAIN MEALS
+
2 X KID'S MEALS

Available 7 days a week (does not include large curries)



JUST EAT AWARDS

BEST TAKEAWAY IN IRELAND

BEST TAKEAWAY DUBLIN | BEST TAKEAWAY THAI | BEST TAKEAWAY CURRY
BEST TAKEAWAY HEALTHY | BEST TAKEAWAY SPICE BAG

SABA TO GO

THAI & VIETNAMESE
TAKEAWAY & DELIVERY
01 40 60 200



*T&C's apply, cannot be used in conjunction with any other offer or on bank holidays.